



Less than a year and a half ago, we embarked on a mission to revitalize a pillar in Chicago's healthcare community by launching Insight Hospital & Medical Center. Since then, we have been blown away by the support, interest, and positive feedback from our patients and neighbors. With the launch of new departments, innovative service lines, and the addition of many new physicians and healthcare professionals, it has been a busy and rewarding summer.

In June we were pleased to host our first health fair at Insight Chicago and it was a big success! Events like this are a fun and engaging way to meet with community members, provide information about our services, and promote the importance of preventive healthcare and healthy living. If you didn't get a chance to join us for this event, we have more planned, including one this fall. Be sure to watch for more information in the weeks ahead.

As the days grow short and foliage begins to change, our thoughts naturally are drawn to all the great things about autumn, such as cooler weather, fall sports, and spending more time with family and friends. This is also the time of year to start prioritizing your health and wellness. In this newsletter, we'll discuss National Immunization Awareness Month, the importance of planning for your seasonal flu vaccine, and staying up to date on booster shots. We'll introduce you to a few of our new services, including our Department of Endovascular & Image Guided Surgery and specialty pharmacy. We'll also look ahead to some of the special events we have on our calendar at Insight.

Staying healthy is important and our team at Insight Chicago is here for you. For more information about our services or to schedule an appointment, call (312) 567-2000 today.

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Insight Specialty Pharmacy Services Now Available

Medical needs can be complex and may feel overwhelming at times, especially when it comes to prescription drugs. As part of our commitment to delivering the highest levels of safety, convenience, and personalized care to our patients, Insight now offers specialty pharmacy services at our Chicago Hospital.

Led by Amber Murry, our highly-skilled specialty pharmacy team works closely with physicians, nurses, and healthcare professionals on site to provide medications for patients with high-risk conditions that require unique therapies and treatments. Unlike a traditional pharmacy, this unique model allows us to offer a comprehensive and coordinated system for administering medications. Patients can also expect expedited care with 24/7 access to licensed specialty pharmacists, as well as proactive monitoring for safety and efficacy.

For more information about our specialty pharmacy services, contact us at (312) 567-2050.



Atif Bawahab
President & Chief Executive
Officer of Insight Chicago

A Message from Our CEO

As we've entered our second year of operating the hospital, an incredible amount of progress has been made to keep the doors open and provide healthcare access to our local residents and the city of Chicago. All of the service lines that were once operational prior to the potential closure of the hospital have been reinstated. Going forward, we aim to not only rebuild the hospital to what it once was, but to also become a center for clinical excellence, quality, and experience. This is a collective effort and everyone from front line staff and nurses to physicians are working together to make this possible. We also appreciate the support from local and state government, as well as the community and the coalition groups that were fighting to save the hospital. Everyone at Insight hopes to make them proud and are grateful for their continued support.

The last few months have been an active and rewarding time at the hospital. We have welcomed many new faces in our building, including Dr. Sameer Ahmed in interventional radiology, Dr. Sobia Ansara in radiation oncology, and Dr. Umar Shakur in cardiology. A complete list of our growing service lines and physicians can be found on page 2 of this newsletter. We were also pleased to complete the first neurosurgery case in the history of the hospital with Dr. Ahmad Elakil. As part of our ongoing efforts to establish a presence in Bronzeville and build trust with our neighbors, we are also hosting a number of community events, including health fairs and back to school programs for local students. This has been a great way to share our story, meet new people, and come together for a common goal – building strong and healthy communities. We encourage everyone to come out and say hello at our next one!

August is National Immunization Awareness Month

August is National Immunization Awareness Month and Insight wants to remind everyone of the importance vaccines have in protecting our personal health, as well as the health of our families and community. With the COVID-19 pandemic, we all have been reminded of how serious diseases are and the power they can have when we are not protected through natural immunity or vaccines. This month, contact your healthcare provider and make sure you are up to date on your vaccines. Now is also a good time to start making plans for your annual flu vaccine. To learn more about vaccinations and eligibility, visit [cdc.gov/vaccines](https://www.cdc.gov/vaccines).

Insight Chicago Services

From day one, Insight's passion and driving force has been to improve the availability of world class healthcare in Chicago. We are committed to expanding access to affordable, high-quality, and culturally competent care by increasing our service lines.

Neurosurgery

Dr. Ahmad Elakil

Sleep Lab/Center

Dr. Naveed Mallick

Dr. Jaime Torres

General Surgery

Dr. Samson Chan

Dr. Hassan Ahmad

Behavioral Health &

Inpatient Mental Health

Dr. Syed Nasir

Sherann Ivy NP

Oluwakemi Aregbesola NP

Pain Management

Dr. Jeffery Sears

Dr. Rasha Jabri (November 2022)

Neurology

Dr. Rany Aburashed

Pulmonology

Dr. Jawad Hussain

Dr. Michael Bommarito

Dr. Malvika Kaul

Cardiology

Dr. Umar Shakur

Dr. Bobby Diniotis, Intv. Cardiology (September 2022)

Dr. Neha Patel (September 2022)

Dr. Sarajeet Singh, Intv Cardiology (February 2022)

Interventional Radiology/

Vascular Disease

Dr. Sameer Ahmed

Orthopedic Surgery

Dr. G Bradley Bookatz (August 2022)

Dr. Menar Wahood (September 2022)

Oncology

Dr. Tajammul Hussain

Dr. Sobiya Ansari, Radiation Oncology

Primary Care Medicine

Dr. Scott Coppel

Dr. Naveed Mallick

Dr. Jaime Torres

Dr. Furqan Rajput (September 2022)

Gynecology

Dr. Dillon Bannis

Hospitalist

Dr. Fadi Kara

Dr. Muhammad Ahsan

Dr. Karim Joud

Dr. Mussarat Bukhari

Dr. Gabriel Diaz

CIMPAR

Dr. Syed Nasir Ghani

Dr. Waddah Malas

Dr. Owais Mohammed Iqbal

Anesthesia

Dr. Jehad Bittar (September 2022)

Dr. Richard Vesely

Marri Anesthetics

Global Health Partners

HIV Care

Dr. Arthur Moswin (September 2022)

Comprehensive Emergency Department

Laboratory and Pathology Department

Diagnostic Imaging & Radiology

Department

Prime Radiology Consultants

Insight Chicago Pharmacy

To learn more, or to schedule an appointment with any of these departments, please contact our central scheduling office at: (312) 567-2273.



Sameer Ahmed, MD

Department of Endovascular & Image Guided Surgery Chairman

Department of Endovascular & Image Guided Surgery

The experienced and dedicated staff at Insight Chicago's Department of Endovascular and Image Guided Surgery specializes in diagnosing and treating a variety of conditions related to vascular health using minimally invasive procedures. Combining our expertise in vascular disease and other conditions throughout the body, our specialists offer a comprehensive range of treatments, including peripheral vascular disease treatment, dialysis access management, image-guided biopsy and aspiration procedures, GI and renal interventions, and embolization.

We are proud to serve Bronzeville and the greater Chicago community with a patient first philosophy. From your initial appointment to surgery and recovery, we are committed to ensuring each patient feels comfortable, is well-informed, and receives exceptional individualized care. With many specialties under one roof, including comprehensive therapy and pain management, Insight's multidisciplinary approach to healthcare also gives our patients convenient access to coordinated care that meets your specific needs and offers an optimal recovery process.

Insight Spotlight

Recognizing these individuals for their hard work, dedication, & implementation of Insight's mission & core values



Dr. Samson Chan
Chair, Department of Surgery

How long have you been part of the Insight team?

"I've been part of the Insight Team since the very beginning at Insight Chicago. In fact, I was there at midnight during the historic transition."

What do you like most about your job?

"I'm a surgeon - so I love to operate! I love that I get to help people using my hands, especially in this unique community near South Side, Chicago (close to Chinatown, Pilsen, Bronzeville, and South Loop). It is the most satisfying feeling when you can help someone in their most dire time of need, and to give back to this community where I was originally from."

What interested you in working at Insight?

"I wanted to join Insight because of the passion of the Insight team to help people"

What three words best describe you?

"Cheerful, Creative, Compassionate"

What do you do when you aren't working?

"I love photography, traveling, and hiking. When I do get time off, my favorite thing to do is taking the family out for day or weekend trips where I can do all those things. I also love going back to the many beautiful areas of Michigan, where I trained. If you have any suggestions, let me know!"

Ashley Johnson
Support Specialist

How long have you been part of the Insight team?

"One month."

What do you do at Insight?

"I help patients get set up with primary care physicians, work our public events, and promote doctors to outside facilities. Soon I will also help with our social media pages."

What do you like most about your job?

"I love that I'm able to interact and connect with our physicians, patients, and the community. Working in marketing, I get to understand the needs of different departments and make a positive impact in each one."

What interested you in working at Insight?

"The fact that Insight started in my hometown and I wanted to be able to bring the type of spirit and impact Insight has in Michigan to Chicago."

What three words best describe you?

"Outgoing, driven, and caring."

What do you like to do when you are not working?

"When I'm not working, I enjoy going to the gym, trying out new restaurants, and getting my passport stamped."

August is National Immunization Awareness Month

DID YOU KNOW?

Vaccines prevent more than 2.5 million deaths each year.

Vaccines lead to "herd immunity," which means if the majority of people in a community are vaccinated, an unvaccinated person is less likely to get sick.

Most diseases prevented by vaccines are no longer common in the U.S. If vaccines weren't used, a few cases could quickly turn into thousands.

Source: dosomething.org

"A fallen leaf is nothing more than a summer's wave good-bye"
- Unknown

Let's Get Social



Scan the QR code to connect with us online & get access to more great content!

Insightful health facts:

Between 2000 and 2015, the average global life expectancy increased by five years.

Lemon is the most nutritionally powerful fruit on the planet.

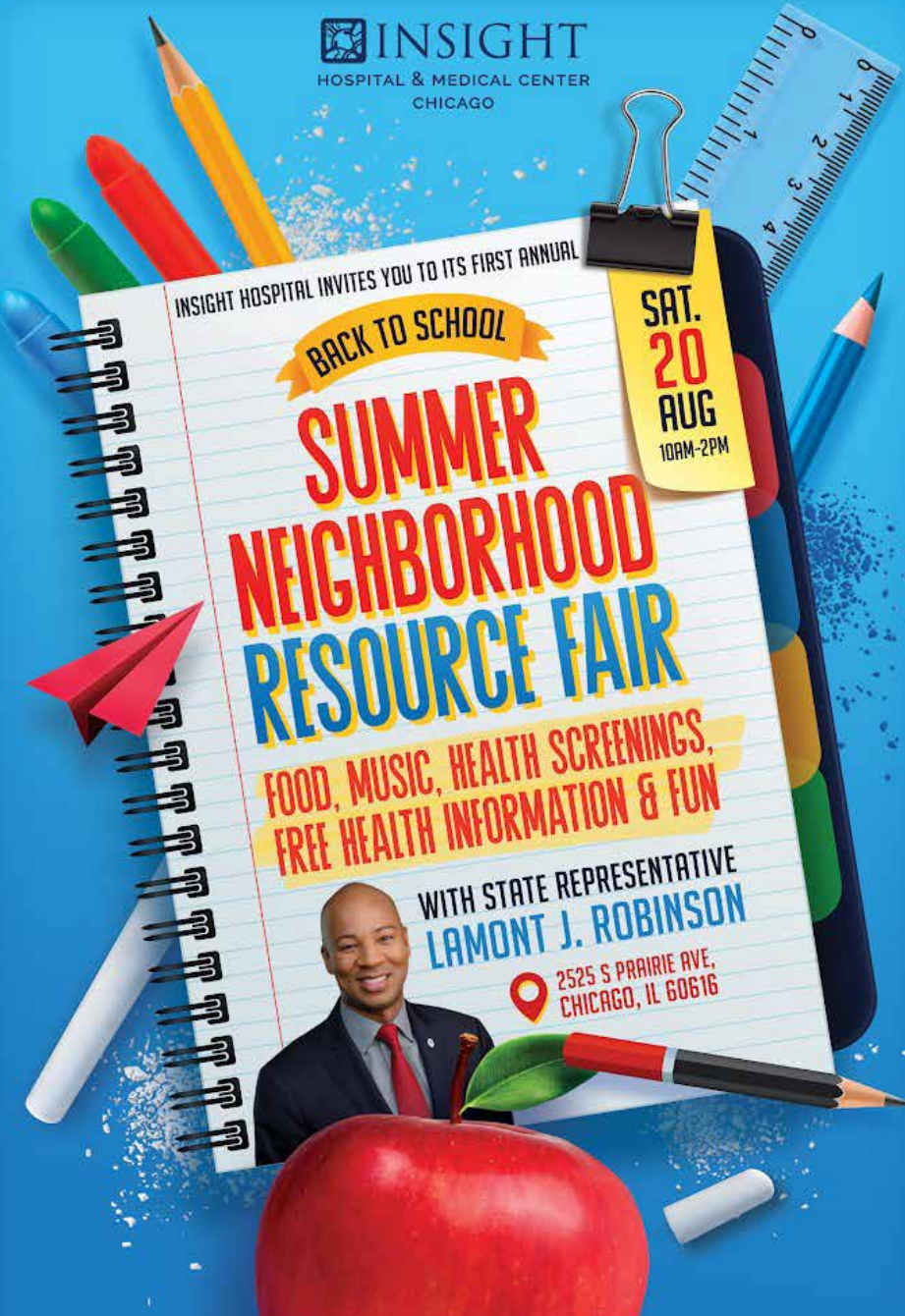
The human body has more than 650 muscles.

Special Events

08|20|22

An event flyer for 'Back to School Summer Neighborhood Resource Fair' is pinned to a spiral notebook. The flyer text includes: 'INSIGHT HOSPITAL INVITES YOU TO ITS FIRST ANNUAL BACK TO SCHOOL SUMMER NEIGHBORHOOD RESOURCE FAIR', 'FOOD, MUSIC, HEALTH SCREENINGS, FREE HEALTH INFORMATION & FUN', 'WITH STATE REPRESENTATIVE LAMONT J. ROBINSON', and the address '2525 S PRAIRIE AVE, CHICAGO, IL 60616'. A yellow tag on the flyer says 'SAT. 20 AUG 10AM-2PM'. The background features school supplies like pencils, a ruler, and a red apple.

INSIGHT
HOSPITAL & MEDICAL CENTER
CHICAGO



Please join us for our first annual Back to School Summer Neighborhood Resource Fair with State Representative Lamont J. Robinson.