

### **Nail Removal Instructions**

1. You have had a minor surgical procedure to correct an ingrown toenail.
2. If you have any discomfort when the anesthetic wears off, you can take Tylenol, Advil, or Aleve, elevate your leg, and apply ice.
3. Keep the dressings on until the morning. You can take it off to take your shower. Then, dry the foot, apply antibiotic ointment, and apply another dressing.
4. You may see a spot of blood through the dressing. This is common and you should not be alarmed. If the dressing becomes wet with blood, you should remove the dressing, apply compression, and elevate your leg for 15 minutes. You can then apply another dressing.
5. If you have been instructed to soak your foot, use lukewarm water and Epsom salt. Soak 15 minutes as many times a day as recommended by Dr. Wadehra. Dry the foot, apply antibiotic ointment, and apply a new dressing.
6. Continued drainage is to be expected and normal. But, if you notice yellow or creamy drainage, increasing surrounding redness, fevers, or chills, notify the office immediately.
7. If you have any problems or questions, you may call the following numbers.