



INSIGHT SURGICAL HOSPITAL

Center for Minimally Invasive Surgery

Name: _____ DOB: ___/___/___ Gender: _____ PCP: _____

Main reason for visit: _____ Who referred you to our clinic: _____

If referred, please ensure the **most recent clinic note and referral form** has been sent prior to your visit.

PAST MEDICAL HISTORY: (Circle if **you** have any of the following or have had in the past).

Anxiety	COPD	Liver Disease
Arthritis	Depression	Migraines
Autoimmune Disease: _____	Diabetes	Osteoporosis
Thyroid disease	GERD/Reflux	Sleep Apnea
Celiac Disease	Heart Disease	Congestive heart failure
Cataracts	Glaucoma	Stroke
High Cholesterol	Hypertension	Other: _____
Kidney Disease	Cancer:(type) _____	

SURGICAL HISTORY: (Circle if **you** have had surgeries in the past and provide dates/details).

Tonsils/Adenoids _____ Ear Tubes _____

Sinus Surgery _____ Other: _____

FAMILY HISTORY: (please check appropriate box below; if other please write in relative)

Disease	Mom	Dad	Other	Disease	Mom	Dad	Other
Allergic rhinitis				Diabetes			
Asthma				Heart Disease			
Hives/Angioedema				Glaucoma			
Food allergy				Thyroid Disease			
Stinging insect allergy				Hypertension			
Atopic dermatitis/ Eczema				Cancer (type): _____			
Recurrent infections/ Immunodeficiency				Autoimmune Disease (type): _____			

Family history of any other condition: _____

MEDICATIONS: (Fill in the information in table below)

Drug name and strength	How often	Drug name and strength	How often

IMMUNIZATION HISTORY:

Childhood immunization up to date: **Y N** Last flu shot: _____

Have you received the Shingles vaccine: **Y N**

Last pneumonia vaccine if known (Pneumovax, Prevnar, etc.): _____

SOCIAL HISTORY:

Smoking/tobacco use: **Y N** Quit (if quit, how many packs/day: _____ how many years: _____)

Type: _____ Frequency: _____

If you don't smoke, are there any smokers in the home? **Y N**

If yes, do they smoke: Outdoors Indoors Bedroom

Alcohol use: **Y N** Quit (if quit, how many years did you drink for _____)

Type: _____ Frequency: _____

Recreational drugs: **Y N** (if yes, type: _____ and frequency of use: _____)

Occupation: _____ Status: Employed Unemployed Retired

Hobbies: _____

ALLERGY SURVEY (Circle or fill in answer):

Do you live in a: House Condo Apartment Mobile Home Other _____

Lived there for how long: _____ Age of residence: _____ years

Type of heating: Forced Air Baseboard Hot Water Wood Burning Steam Oil

Type of cooling: Central Air Window Unit None

Basement: **Y N** Finished Unfinished

Air Purifier: None Central Room unit (location _____)

Humidifier: None Room unit (location _____)

Dehumidifier: None Room unit (location _____)

Any recent water damage: **Y N** Any damp/moldy areas: **Y N**

Is there carpeting in the home: **Y N** location(s) _____

Bedroom flooring: Carpet (wall to wall) Tile Hardwood Laminate Area rug(s)

Bedroom contents: Blinds Bookshelves Drapes Plants Stuffed animals

Type of Mattress: Feather Synthetic Water Air. Other: _____ Age: _____

Type of pillow(s): Feather Cotton Foam Other: _____ Age: _____

Dust mite covers: Mattress Pillows None

How often are sheets/bed covers washed: _____ Water used: Hot Cold Warm

Do you have any pets at home (if yes please provide details below): **Y N**

Cats How many: _____ How long: _____ Enter bedroom: **Y N** Cause symptoms: **Y N**

Dogs How many: _____ How long: _____ Enter bedroom: **Y N** Cause symptoms: **Y N**

Birds How many: _____ How long: _____ In the bedroom: **Y N** Cause symptoms: **Y N**

Rabbit How many: _____ How long: _____ Enter bedroom: **Y N** Cause symptoms: **Y N**

Other _____ How long: _____ Enter bedroom: **Y N** Cause symptoms: **Y N**

Have you had previous allergy testing? **Y N** If yes, when: _____ clinic/doctor: _____

Was this a Skin test: **Y N** Blood test: **Y N** test results: _____

Have you ever had a skin biopsy: **Y N** results: _____

Please complete the following questionnaires *if you have a history* of the disease/symptoms. Feel free to skip and leave blank conditions that are non-applicable.

ALLERGIC RHINITIS (HAY FEVER/NASAL ALLERGIES) QUESTIONS: Y N

Symptoms are worse during which season: Spring Summer Fall Winter Year-round
If year-round, are symptoms worse during any time of year: Y N If yes, when: _____
Does exposure to any of the following worsen your symptoms: Grass Trees Weeds Molds Dust
Cats Dogs Other animals _____ Tobacco smoke Temp changes Perfumes Chemicals Odors
Cold air Feathers Pillows Laughter Medications Exercise Spicy foods Other trigger: _____
Have you received sublingual immunotherapy (*allergy drops*)? Y N If yes, where: _____
Have you been on *allergy shots* before: Y N If yes, where did you receive shots: _____
For how long were you on them: _____ Why did you stop allergy shots: _____
Did you have any systemic reactions to your shots: Y N If yes, please explain: _____

ASTHMA/RESPIRATORY QUESTIONS: Y N

Have you been formally diagnosed with asthma: Y N If yes, when were you diagnosed: _____
What age did you first start to have breathing problems: _____
What are your main asthma triggers: _____

Have you been admitted to the hospital for asthma: Y N If yes, how many times: _____
Last asthma admission date/location: _____
Have you ever been in the ICU for asthma: Y N Intubated/Ventilator for asthma: Y N
ED/Urgent care visits in the last 12 months for asthma/respiratory symptoms: 0 1 2 3 4+
Number of oral or injectable (IM, IV) steroids in the last 12 months for asthma: 0 1 2 3 4+

Do you have colds that “go to your chest” and take more than 10 days to get over? Y N
Have you ever had pneumonia: Y N If yes, how many times: _____ Last time: _____
Have you ever had a chest CT scan: Y N If yes, when: _____ results: _____
When was your last pulmonary function test/spirometry: _____ results: _____
Asthma/breathing problems with breathing during exercise: Y N
Asthma/breathing problems wake up you up at night: Y N
Have medications like aspirin, ibuprofen, naproxen, etc. made your asthma worse: Y N
What medications have you been on for asthma: _____
Have you received a biologic (injection) for asthma: Y N If yes, which one(s): _____

CHRONIC SINUSITIS QUESTIONS: Y N

Prior sinus imaging (CT-scan)? If yes, when: _____ results: _____
How many separate courses of antibiotics for sinus infections in the last 12 months: _____
Which one(s): _____ Do they give relief when you receive them: Y N
Have you been diagnosed with nasal polyps: Y N
If you have not had sinus surgery, has sinus surgery been recommended: Y N
Have you received a biologic (injection) for nasal polyps: Y N If yes, which one(s): _____

ATOPIC DERMATITIS/ECZEMA: Y N

Have you been formally diagnosed with atopic dermatitis: **Y N**

Diagnosed as an: Infant Child Teenager Adult

How frequently do you bathe _____ for how many minutes _____

Current brand of Soap _____ Shampoo _____ Moisturizer _____

Laundry detergent _____ Fabric softener _____

What are the triggers for your eczema: _____

Have you received oral or injectable steroids for your eczema: **Y N** If yes, last time: _____

Have you received oral or injectable antibiotics for your eczema: **Y N** If yes, last time: _____

Have you received a biologic (injection) for eczema: **Y N** If yes, which one(s): _____

FOOD ALLERGY: Y N

Have you been tested for food allergy: **Y N** If yes, was this test: Skin Blood Other: _____

When: _____ Results of testing: _____

Have you been prescribed an epinephrine injector (EpiPen, AuviQ, etc) for food allergy: **Y N**

Have you ever had to use this device: **Y N** If yes, how many times: _____ Last use: _____

Have you ever had an oral food challenge in a clinic: **Y N** If yes, provide details: _____

List all foods/drinks that you believe have caused an allergic reaction:

HIVES: Y N

How long have you had hives: _____ Do you also have angioedema (swelling): **Y N**

Where on your body do you get hives: _____ Angioedema: _____

How long do individual lesions last before they clear: _____ Do they leave behind discoloration or

bruising: _____ Are lesions itchy: **Y N** Painful: **Y N** Have you seen a dermatologist for this: **Y N**

What's the longest you've gone (days, weeks, months) without hives: _____

Circle the following that make you worse: NSAIDs (aspirin, ibuprofen, etc.) Heat Cold Sun Water

Skin pressure Exercise Sweating Stress Anxiety Infections Alcohol Hormones Foods _____

What have you taken for your hives/angioedema: _____

DRUG ALLERGY: Y N

If yes, please list the medication and the reaction details below:

CONTACT DERMATITIS: Y N

Have you had patch testing in the past: **Y N** If yes, when and where was testing: _____

Results of testing: _____

INSECT ALLERGY: Y N

If you have had a reaction to an insect sting (bee, wasp, hornet, yellow jacket, fire ant), please describe:

Have you ever had venom allergy testing: **Y N** Venom immunotherapy (shots): **Y N** If yes, when were you on venom shots: _____ who/where was your allergist: _____
Have you been prescribed an epinephrine injector (EpiPen, AuviQ, etc) for stinging insect allergy: **Y N**
Have you ever had to use this device: **Y N** If yes, how many times: _____ Last use: _____

LATEX ALLERGY: Y N

Do you have problems with rubber (latex) gloves, balloons, condoms, rubber bands or other rubber products/pacifier: **Y N** If yes, please describe: _____

CONTRAST ALLERGY: Y N

If you have had a reaction to contrast media, please describe: _____

ANAPHYLAXIS (SYSTEMIC ALLERGIC REACTION): Y N

If you have had anaphylaxis and it *was not addressed above*, please provide details: _____

Have you been given an epinephrine injector (EpiPen, AuviQ, etc) for this: **Y N** Have you ever had to use this device: **Y N** If yes, how many times: _____ Last use: _____

RECURRENT INFECTIONS/IMMUNODEFICIENCY: Y N

If you have had a history of recurrent infections or immunodeficiency, please describe: _____

Have you had formal immune testing: **Y N** If yes, results: _____ Have you been on: IVIG SCIG

PEDIATRIC HISTORY (FOR CHILDREN ONLY): (please circle and fill in answers below)

Child was born: Full term Premature: _____ weeks
Any hospitalizations as an infant: **Y N** If yes, provide details: _____
Bottle fed or breast-fed? If breast fed, for how many weeks: _____
Any feeding difficulties: **Y N** If yes, provide details: _____
Recurrent infections: **Y N** If yes, provide details: _____
Sinusitis/URIs/colds go "to the chest" and take more than 10 days to clear: **Y N**
Child attends daycare: **Y N** Full time Part time Child attends school: **Y N** Grade _____
Who does the child live with at home: _____
Does the child have siblings: **Y N** If yes, how many: _____
Do siblings have allergic diseases: **Y N** If yes, provide details: _____
Any prior ED visits: **Y N** When: _____ where _____ for what: _____
Any prior hospitalizations: **Y N** When: _____ where _____ for what: _____
Childhood immunizations up do date: **Y N**

REVIEW OF SYSTEMS: (For each system circle if you are experiencing or if you have ever had. If system is negative then circle Negative and move to the next system)

GENERAL: Negative fevers chills night sweats weight gain weight loss change in appetite

EYES: Negative itchy watery dry discharge red eyelid swelling blurry vision

EARS: Negative hearing loss ringing recurrent ear infections drainage fullness/blockage ear itching

NOSE/SINUS: Negative congestion/stuffy nasal blockage runny nose sneezing itchy nose bleeding loss of smell postnasal drip snoring sinus pain sinus pressure recurrent sinus infections

MOUTH/THROAT: Negative mouth sores tongue swelling lip swelling decreased taste itchy throat hoarseness sore throats trouble swallowing painful swallowing throat clearing

RESPIRATORY: Negative cough sputum production wheezing chest tightness shortness of breath

CARDIOVASCULAR: Negative chest pain leg swelling palpitations

ABDOMINAL: Negative nausea vomiting diarrhea heartburn/reflux gas bloating pain discomfort bloody stools change in bowel habits

GENITOURINARY: Negative blood in urine frequency pain on urination frequent infections

MUSCULOSKELETAL: Negative joint pain joint swelling joint stiffness back pain muscle pain

SKIN: Negative hives itching swelling lesions rash dryness flushing

HEME: Negative easy bleeding easy bruising clotting disorders anemia

ENDOCRINE: Negative cold intolerance heat intolerance thyroid problems

NEURO: Negative headaches fainting paralysis seizures tingling numbness tremors

PSYCH: Negative anxiety depression stress nervousness panic attacks

Please let us know if there are any other important things we should know about your health history that was not mentioned above: _____

