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News

Announcing Our New Monthly Newsletter

Insight is excited to announce the launch of our new Insight Chicago Newsletter. Our goal with this project is to highlight the concepts, plans, and ideas we have in store at Insight Chicago. We will also include a behind the scenes look at our events and will meet some of the team members who play a key role in providing patient care second to none.

LEAPFROG
HOSPITAL
SAFETY GRADE

A



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 **INSIGHT**
HOSPITAL & MEDICAL CENTER



Insight Chicago Hospital Celebrates 1 Year Anniversary

It's hard to believe that next month it will be one year since Insight acquired the former Bronzeville Mercy Hospital institution. By taking this leap of faith, Dr. Shah saw the opportunity to innovate and benefit a community that has struggled with disappearing hospitals and poor health outcomes for decades. Through our steadfast vision and the commitment of our team, we have been able to restore critical medical care to Chicago's South Side and the surrounding community.

In February, we were proud to announce that the Comprehensive Emergency Department was granted permission by the Illinois Department of Public Health to re-allow ambulances to return to the emergency room at Insight Hospital. Because of this achievement, families can now receive emergency services without having to travel to a location far from home. We have also experienced significant growth, including the addition of our comprehensive ER, surgical, psychiatric, and primary care service lines.

All of this would not be possible without the hard work and dedication of our team in Chicago. The determination and effort you have shown in this short period of time is certainly just the beginning of what you will accomplish in the years ahead. Congratulations on everything you have achieved!



A Message From Our CEO

Insight Chicago has seen incredible growth as we continue to build our healthcare team and increase the resources we are able to offer our patients. We have solidified contract agreements and are implementing a variety of service lines. Our focus has been on establishing emergency medicine, hospital-based medicine, outpatient primary care medicine, cardiology, pulmonology, critical care medicine, general surgery, neurologic services, and other core service lines. In addition to this, we have moved forward with the next phase of our strategic model. This is aimed at providing our patients with comprehensive access within Insight to all sub-specialty service lines, focusing heavily on oncology, neurosurgery, orthopedics, diabetic management, anesthesiology, pain management, and much more.

Many of our prospective physicians are also on track to be onboarded within Q2 of this year. Not only will this allow us to provide a wider range of care to a higher volume of patients, we will also be placing a greater emphasis on Insight's core values and the importance of service to the Bronzeville community.

With the expansion of our service lines and additional physicians, we anticipate remarkable growth for Insight Chicago in the months ahead.

May is Mental Health Awareness Month

Insight is committed to raising mental health awareness and ending the stigmas associated with mental illness. When we think about health, our team considers the whole person and provides resources that promote overall well-being. Mental health is serious and not something to be embarrassed to talk about. If you or someone you know needs mental health resources, we encourage you to contact our Behavioral Health team at Insight or [MentalHealth.gov](https://www.MentalHealth.gov).



Insight Chicago Services

From day one, Insight's passion and driving force has been to improve the availability of world class healthcare in South Side, Chicago. We are committed to expanding access to affordable, high-quality, and culturally competent care by increasing our service lines.

Neurosurgery

Dr. Ahmad Elakil

Sleep Lab/Center

Dr. Naveed Mallick

Dr. Jamie Torres (July 2022)

General Surgery

Dr. Samson Chan, Surgeon

Dr. Hasan Ahmed

Behavioral Health &

Inpatient Mental Health

Dr. Syed Nasir

Sherann Ivy NP (June 2022)

Oluwakemi Aregbesola NP (July 2022)

Pain Management

Dr. Jeffery Sears

Dr. Shanele Vaughn

Neurology

Dr. Rany Aburashed

Dr. Shanele Vaughn (August 2022)

Pulmonology

Dr. Jawad Hussain

Dr. Michael Bommarito

Dr. Malvika Kaul (July 2022)

Dr. Hasan Al-Janabi (Sept 2022)

Cardiology

Dr. Umar Shakur

Dr. Bobby Diniotis, Intv. Cardiology
(September 2022)

Endovascular/Image Guided Surgery

Dr. Sameer Ahmed (July 2022)

Orthopedic Surgery

Dr. G Bradley Bookatz (August 2022)

Oncology

Tajammul Hussain

Sobiya Ansari, Radiation Oncology
(July 2022)

Primary Care Medicine

Dr. Scott Coppel

Dr. Naveed Mallick

Dr. Jamie Torres (July 2022)

Gynecology

Dr. Dillon Bannis

Hospitalist

Dr. Fadi Kara

cimpar

Dr. Syed Nasir Ghani

Dr. Waddah Malas

Dr. Syed Abdur-Rahman (Summer 2022)

Dr. Owais Iqbal (June 2022)

Anesthesia

Dr. Richard Vesely

Marri Anesthetics

Global Health Partners

HIV Care

Arthur Moswin (June 2022)

Comprehensive Emergency Department

Laboratory and Pathology

Diagnostic Imaging & Radiology

Department

Prime Radiology Consultants

Insight Chicago Pharmacy

To learn more, or to schedule an appointment with any of these departments, please contact our central scheduling office at: (312) 567-2273.



IC3 Program Brings Continuity of Care to Insight Hospital & Medical Center

Insight Chicago's IC3 program provides our patients with all the resources required to continue their care outside of the hospital. We set patients up with primary care doctors, specialists, testing, and applying for insurance. When patients are continuously taking care of their health, they no longer need to rely on emergency care if their health deteriorates.

We aim to have every patient who walks through our doors find a doctor or schedule a follow-up appointment. IC3 gives patients one-stop shop resources for all their needs, including primary care, specialist visits, testing, and pharmacy medications. Our goal is to make each Insight patient feel like they are a part of our family 24/7.

Sarah Mahmoud is developing the IC3 program to provide patients with all of their needs. Feel free to reach out to Sarah if you have any ideas, thoughts, or feedback on how we can create the best concierge service for our patients: sarah.mahmoud@i-inn.com.



May is Mental Health Awareness Month

You Are Not Alone.
Did you know...?

1 in 5 U.S. adults experience mental illness each year

1 in 6 U.S. youth aged 6-17 experience mental illness each year

Suicide is the 2nd leading cause of death among people aged 10-34

50% of lifetime mental illness begins by age 14, and 75% by age 24

Source: National Alliance on Mental Illness

“Never believe that a few caring people can’t change the world. For, indeed, that’s all who ever have.”
– Margaret Mead



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Insight Spotlight

Recognizing these individuals for their hard work, dedication, and implementation of Insight's mission & core values



Dr. Ahmad Elakil
Chief of Neurosurgery

How long have you been part of the Insight team?
“Since August 2021”

What do you like most about your job?

“It is very rewarding! The most rewarding part is seeing a comatose teenager that has been hit in the head, rushing him to the OR to remove the epidural clot severely pressing on his brain, and seeing him return to school four weeks later. Knowing that you have made a huge difference in someone’s life in a direct way (that ordering a drug does not) makes it all worthwhile.”

What interested you in working at Insight?

“I love Insight because everyone shares the same vision and is dedicated to the mission. This truly creates a family environment where everybody is there for each other to provide **patient care second to none.**”

What three words best describe you?

“Enthusiastic, easygoing, & hardworking.”

What do you do when you aren’t working?

“When I have the time, I like trying new things and travelling to new places.”



Tyler Wright
Clinical Nurse Manager

How long have you been part of the Insight team?
“Since June 1, 2021 when they acquired the Chicago location.”

What do you do at Insight?

“A little bit of everything. I oversee the nurses on the inpatient unit and help to facilitate positive patient outcomes.”

What do you like most about your job?

“I like the variety of situations a nurse manager can be thrown into. You never know what is going to be happening when you walk through the door of the hospital.”

What interested you in working at Insight?

“Insight’s mission to improve the people and community around them helped shape my decision to work here.”

What three words best describe you?
“Energetic, ambitious, and dependable.”

What do you do when you aren’t working?

“I hang out with my wife and dog, trying out new recipes and barbecuing.”

InsightFUL Health Facts



Laughing 100 times is equal to 15 minutes of exercise on a stationary bike.



Smokers reduce their lifespan expectancy by 11 minutes per cigarette.



When we touch something, we send messages to our brain at 200 km/h.



Please follow us on our social media platforms

Past & Future Special Events

10 | 10 | 21

The Sylvester Broome Empowerment Village, in partnership with the Will and Jada Smith Family Foundation, hosted an event for the Bronzeville community. Star Farms, a local urban garden, provided 150 fresh fruit and veggie boxes.

06 | 25 | 22

Hospital Fair

Join us June 25th from 11 am - 3 pm for our hospital fair. This outdoor event will feature food, music, vendors, and more!

08 | 27 | 22

Insight Gala

August 27th at the McCormick Grand Marquis Hotel in Chicago
2121 S Prairie Ave.