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INSTRUCTIONS FOR PATIENT PROCEDURES

YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT CONFIRM PRIOR TO APPOINTMENT

If you are receiving sedation, you need to adhere to the following the morning of your procedure:

- Have a driver present in the waiting room. If you take public transportation or use a transportation service (Your Ride, EMS, MTA Bus) you must have a responsible adult with you.
- Nothing to eat or drink 8 hours prior to the procedure. This means **NO TOBACCO PRODUCTS, NO GUM, NO CANDY, NO MINTS, ETC...**
- Do **NOT** take any insulin medication or other diabetic medication. Please check your sugar prior to your scheduled appointment, if your sugar is 250 or higher contact our office to reschedule your appointment.
- **DO** take any blood pressure medications. Pain medications and anxiety medications **MUST** be taken 2 hours prior to appointment.
- **Blood Thinners: Risks of withholding blood thinners may result in Clotting, Stroke, Heart Attack and Pulmonary Embolism. Do Not stop your blood thinning medication without written clearance from your PCP, Cardiologist or Prescribing Physician; our Anticoagulant Guidelines are on the back of this page.**
- **NSAIDS** such as Advil, Motrin, Aleve, Naprosyn, etc. must be stopped 24 hours prior to the procedure. You may continue to take Celebrex as directed.
- **Antibiotics:** If you are on any antibiotics for any active infection, please notify the clinic before your appointment.
- Certain medications such as (herbal, Vitamin E) may need to be stopped prior to certain procedures. You must let us know all medications you are taking.
- If you become ill or unable to make your appointment for any reason, please call 24 hours in advance to avoid a no show fee.
- **Nail Polish or Artificial Nails:** Due to office policy and patient's safety, do **Not** wear any nail polish or artificial nails as this may result in the cancellation of your appointment.
- Children **under** the age of 12 are **not** permitted in the procedure area.

Drug Name	Last Dose Prior to Procedure	Interval to Restart after Procedure
Heparin SQ	4 hours	4 hours
Heparin IV	4 hours- check plt>100K/ PTT <40	4 hours
Dalteparin (Fragmin)	24 hours	4 hours
Enoxaparin (Lovenox)	24 hours	4 hours
Coumadin	5 days - check INR < 1.5	4 hours
Fondaparinux (Arixtra)	72 hours	4 hours
Rivaroxaban (Xarelto)	24 hours	6 hours
Apixaban (Eliquis)	72 hours	4 hours
NSAID/ASA	No restrictions	
Herbal/diet supplements	No restrictions	
Dextran	No restrictions	
Dipyridemole (Persantine)	No restrictions	
ASA/Dipyridamole (Aggrenox)	7 days	4 hours
Abciximab (Reopro)	48 hours check plt>100K/ PTT <40	4 hours
Cilostazol (Pletal)	5 days	5 hours
Clopidogrel (Plavix)	7 days	4 hours
Eptifibatide (Integrilin)	8 hours* check plt>100K/ PTT <40	4 hours
Tirofiban (Aggrastat)	8 hours* check plt>100K/ PTT <40	4 hours
Ticagrelor (Brilinta)	7 days	4 hours
Ticlopidine (Ticlid)	14 days	4 hours
Prasugrel (Effient)	7 days	4 hours
Dabigatran (Pradaxa)	72 hours days	4 hours
Argatrobab (Acova)	4 hours -check PTT <40	4 hours
Bevalirudin (Angiomax)	10 hours -check PTT <40	4 hours
Desirudin (Revasc)	10 hours -check PTT <40	4 hours
Lepirudin (Refludan)	10 hours -check PTT <40	4 hours
Alteplase or Streptokinase for catheter clearance <4mg/day	No restrictions	
TPA (Alteplase, Retaplast, Anistreplase Streptokinase)	10 days	10 days
Elmiron (Pentosan)	24 hours	4 hours
Trental	48 hours	4 hours

Hold Anticoagulants for all spinal and cranial procedures such as: Epidural, Nerve root, Radio Frequency Ablation Celiac, Ganglion Impar, Splanchnic, Sphenopalatine, Lumbar sympathetic, Vertebro/Kyphoplasty Intercostal, Intercostal nerve, Discography, Stellate ganglion, and Spinal cord stimulation	Do Not Hold Anticoagulants for the following: SI joint, Facet joint, Medial Branch, All Peripheral Nerves, Occipital Nerve All Peripheral Joint Injections All Bursa, Muscle, Ligament Injections, and Trigger Point Injections
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